

SAMPLE ACTIVITY SHEET

Please use the following general format in completing your personal Activity Sheet.

I. School

A. High School

1. Debate Team - - 3, 4
2. Basketball Team - - 1, 2, 3, 4 Sr. Year: County All-Star
3. National Honor Society - - 3, 4 Sr. Year: President

B. College (if applicable)

1. Dorm Floor Advisor - - 2 semesters
2. Intramural Basketball - - 1, 2
3. Open House Guide - - Fall '10

II. Community

1. Club Swim Team '05 - - '08, Coach - - Summer '09
2. Church Youth Choir - - 3 years
3. Red Cross Volunteer - - Blood Bank (twice a year)

III. Awards

1. Optimist Essay Contest Winner - - 2007
2. National Merit Finalist
3. College Dean's List - - Freshman (1st semester)

IV. Work Experience

1. Pizza Hut Delivery – 2010
2. Lifeguard - - Summer '08-'10
3. Sears - - Part-Time Retail - - 2007